

Five Acres High School

Ambition – Confidence – Creativity – Respect - Determination



PE Kit Expectations

Outdoor lessons – needed by all students in Key Stage 3 and 4; boys and girls

Five Acres-branded polo shirt (available from school uniform supplier)
Five Acres-branded shorts or skort (available from school uniform supplier)
Plain black long football/rugby-style socks
Shin pads (compulsory for hockey and football lessons)
Studded/bladed football boots for use on grass (not astro-turf trainers)
Trainers suitable for sporting activities that can be laced up tightly (not plimsolls or daps)
Towels – optional if students wish to shower during the winter term after outdoor lessons

Optional items (available from school uniform supplier)

Five Acres-branded long-sleeved multi-sport top
Five Acres-branded full zip (girls) and quarter-zip jackets
Five Acres-branded leggings
Five Acres-branded tracksuit bottoms

Indoor lessons – needed by all students in Key Stage 3 and 4; boys and girls

Five Acres-branded polo shirt
Five Acres-branded shorts or skort
Plain black long football/rugby-style socks

During inclement weather

Five Acres-branded tracksuit bottoms and leggings can be worn at the teacher's discretion, although students should still bring shorts/skort in case the lesson is transferred indoors.

Base layer clothing may be worn underneath the Five Acres High School PE kit providing that it is plain black.

Students who are unable to take a fully active role

Students who are injured or ill, but are able to come into school, should bring a note explaining their injury or illness and state the expected duration of the injury/illness. They will also need to bring their normal PE kit, because where possible they will be given another practical role to fulfil (coach, official, leader, photographer etc), which will involve them going with their normal class. In the past, students have gone outside in their school uniform and got wet, for example, which can impact the rest of their day's learning.

Students who are unable to change due to a cast or sling are advised to bring a coat or change of footwear as a minimum precaution.

Students who have a prolonged period of absence (more than two weeks) will need a doctor's note. If medical intervention has occurred the school also requires a note (from home) to say that a student can recommence participation.