

## YEAR 7 Cooking Schedule - Class 7B2:/FT

20th April 2026 - 22 May 2026

Please ensure that all containers, ingredient bags and chilled ingredients are **labeled with the name and class number of your child** to enable us to place them in the correct storage area/fridge. If possible, avoid sending your child to school with whole packets/tins of food as we struggle to find space to store these - **please only bring in the quantity stated where possible.**

Please ensure that your child also brings a clean apron for the dates that they are cooking along with a bag to take it home in to avoid cross contamination in their school bag..

Should your child be a pupil premium student and you require assistance with the provision of an apron and ingredients, please email [jcole@5acreshighschool.co.uk](mailto:jcole@5acreshighschool.co.uk) to discuss the assistance available. **Please also email to inform us if your child has any food allergies**

Date	Ingredients Required
<u>23rd April 2026</u>	<b><u>Fish Fingers</u></b> <ul style="list-style-type: none"><li>● <b>Ingredients for this dish will be provided</b></li><li>● Apron and container to take home fish fingers</li></ul>
<u>7th May 2026</u>	<b><u>Pizza Toasts:</u></b> <ul style="list-style-type: none"><li>● 2 x Panini Breads or 1 Small French Stick</li><li>● Tube of tomato puree</li><li>● 60g hard cheese (ungrated)</li><li>● 2 x fruit/veg ingredients suitable for a pizza</li><li>● 2 slices of ham/few slices of pepperoni (optional)</li><li>● Container large enough to take home 4 pizza toasts</li><li>● Apron</li></ul>
<u>21st May 2026</u>	<b><u>Sausage Rolls</u></b> <ul style="list-style-type: none"><li>● 1 pack of ready rolled puff pastry</li><li>● 24 mini cooked cocktail sausages</li><li>● 1 egg</li><li>● Named container to fit 24 mini sausage rolls</li><li>● Apron</li></ul>